

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Lizzy Motale**

Has successfully participated & completed the  
**21km SA Run 4 Cancer Ultra Marathon 2019**  
held at Polokwane Rugby Fields.

**TIME 03:16:08**

**PACE 09:19/km**

**GENDER 237 of 323**

**OVERALL 620 of 766**

**SENIOR (20-39) 130 of 175**



26 October 2019, Sat

Date

*BoutTime*

Signature

